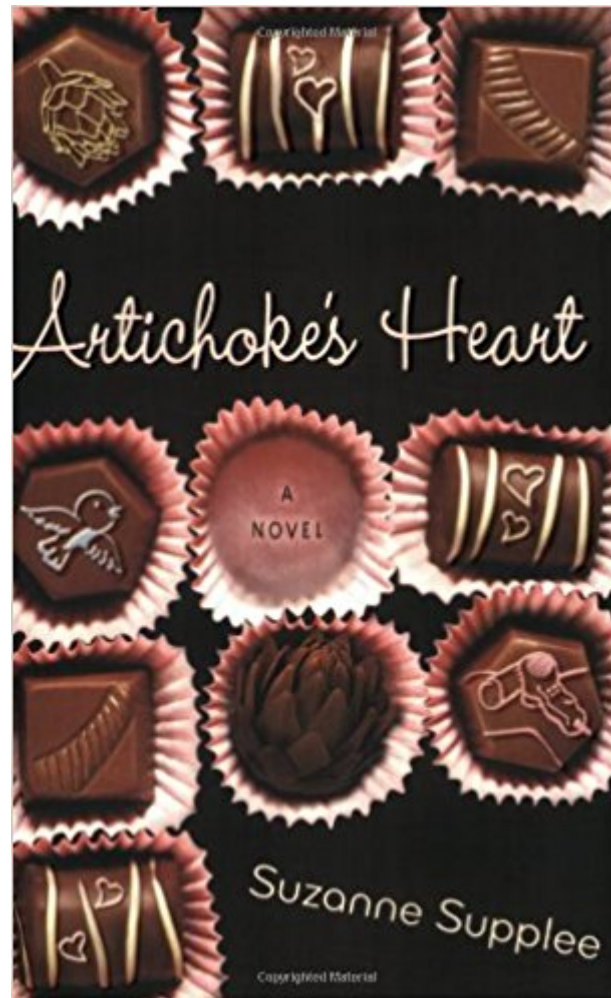




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# Artichoke's Heart



## Synopsis

It's not so easy being Rosemary Goode and tipping the scales at almost two hundred pounds? especially when your mother runs the most successful (and gossippiest!) beauty shop in town. After a spectacularly disastrous Christmas break when the scale reaches an all-time high?Rosemary realizes that things need to change. (A certain basketball player, Kyle Cox, might have something to do with it.) So begins a powerful year of transformation and a journey toward self-discovery that surprisingly has little to do with the physical, and more to do with an honest look at how Rosemary feels about herself.

## Book Information

Lexile Measure: 780 (What's this?)

Paperback: 288 pages

Publisher: Speak; Reprint edition (May 14, 2009)

Language: English

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Product Dimensions: 5.5 x 0.7 x 8.3 inches

Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 48 customer reviews

Best Sellers Rank: #716,835 in Books (See Top 100 in Books) #21 in [Books > Children's Books > Growing Up & Facts of Life > Health > Weight](#) #667 in [Books > Teens > Literature & Fiction > Social & Family Issues > Self Esteem & Reliance](#) #1797 in [Books > Teens > Literature & Fiction > Social & Family Issues > Friendship](#)

Age Range: 12 and up

Grade Level: 7 and up

## Customer Reviews

Grade 8-10 •Rosemary Goode doesn't have a carefree life; being an overweight binge eater makes her self-conscious around other teens, and her Aunt Mary's constant criticizing doesn't help matters. Rosemary works at her mother's salon, where she sees the beautiful and popular girls getting primped for dances. Her single mother tries to help her, buying a treadmill (on which Rosemary hangs clothes) and arranging for therapy sessions. Rosemary's friendship with a fitness-obsessed, friendly new girl improves her outlook on exercise, and a budding relationship with Kyle, a popular athlete at school, confuses and exhilarates her. Her mother's cancer diagnosis

shocks and unnerves her, but the teen and her mom deal with the situation with realism and honesty. Rosemary is a funny, sharp, and appealing narrator; Supplee has good insight into high school life, especially cliques, and teenage body issues. Cancer and obesity are handled with humor, care, and sensitivity. Southern euphemisms and speech are sprinkled throughout the novel, which takes place in a small town in Tennessee, but not to excess. This has the breezy fun of recent YA chick lit, but with an uncommon heroine dealing with serious issues. --Jennifer Schultz, Fauquier County Public Library, Warrenton, VA Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. --This text refers to the Library Binding edition.

Cursed with the nickname "the Artichoke" after wearing an ill-chosen green jacket to school way back in sixth grade, Rosemary continues to cope with the cool kids' disdain by making food her friend. It's a treacherous ally, though, and when she tops 200 pounds, she decides to make radical changes and begins to lose some serious weight. Then, Rosemary discovers that an A-list girl wants to befriend her, the boy she adores returns her feelings, and (most incredible of all) her mother has cancer. Rosemary's wry first-person narration deftly portrays characters in her single-parent family, her high school, her mother's beauty salon, and her Tennessee town. Jolted by fears of losing her mother, Rosemary begins to look beyond her previous preoccupations to see other people's vulnerabilities as well as their more evident flaws. In her first novel, Supplee brings a cast of original characters to life in this convincing and consistently entertaining narrative. Grades 7-10. --Carolyn Phelan --This text refers to the Library Binding edition.

I love this book. I can easily compare Rosemary's smart-aleck and insecure additive to my own. I've read this book so many times that I practically know every word. Reading Rosemary's journey and everything she experiences is a true inspiration. This book is perfect for teenage girls who are experiencing any weight issues or just having problems with life. I gave this book five stars because I believe it's a great coping book and Rosemary is very relatable.

Good book with lots of realistic issues but I did not like the way the main character lost weight, does not send a good message.

My sister struggled from an eating disorder so after reading the first page I felt like I was entering my

sister's psyche. It was a completely honest story of the mindset of a girl that can't control her eating. I love Rosemary's snarky comments and the way she's able to laugh at herself in certain situation. It made me laugh and cry and feel every emotion in-between. I loved Kyle and how he saw past her "fat" and into her heart. Don't you wish there were more guys out there that didn't see just the surface?

fantastic read!! hits hard if you went through what rosie went through with weight issues. I highly recommend this book to anyone that struggles in life.

this book was funny, and I enjoyed her take on the cliques in southern high schools-VERY accurate. Being a Tennessean and feeling like a social outcast were two of the things I could identify with.SPOILER ALERT!!!! I was left wanting more after she lost the weight and got the guy. My personal thoughts are that there wasn't enough emphasis on the family dynamics.

I loved this book. it has the most amazing story that I have ever read. there are a lot of great words to describe this book like amazing, wonderful, and many many more. if you are thinking of reading this book you should. trust me once you start reading it. you won't be able to but down until you reach the very end.

Such a good easy read. The story is extremely relatable and I can't remember the last time I read a book that caused me to laugh out loud so frequently.

This book is very good, great author and great story. I had no problems with this book, no glitches, no pages missing, or any extra added pages. Artichoke's Heart is a very realistic point of view kind of book. I guarantee most people will love this book, there are a variety of different emotions that will occur while reading this book. Buying this book from is great!

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